

E-prep Workshops

Level 1

Reading assignment: Preface - Manual p. ii – viii

Questionnaire:

Code of ethics

1. Why has the CSIA developed a code of ethics?

2. What are the 5 ethical principles defining the code of ethics?

Professionalism, Roles and responsibilities

1. Describe "Professionalism"?

- 2 Describe what is the role of a Ski Instructor?

Safety and Risk Management

1. What is the first thing a ski instructor should do in case of an accident?

Alpine responsibility code

1. Choose one point of the alpine responsibility code and find a teaching situation that relates to it.

Reading assignment: Canadian ski teaching – Manual chapter 1

Questionnaire:

1. What are the 3 components of the CSIA teaching methodology?

2. What does good “Guest Service” means?

3. What are the 3 tools used on snow to develop skiers?

4. What composes the technical base of the Canadian approach?

5. What are the 5 stages a skier goes through during his development?

6. What kind of tactics can an instructor use to move a skier up the development model?

Reading assignment: Teaching children – Manual chapter 5

Questionnaire:

1. Explain: “Duty of care”

2. What are things (2) an instructor can do to make the introduction with the kids fun an effective?

3. What are 2 physical characteristics of a 2-5 years old child?

4. What are 2 social / emotional characteristics of a 6-8 years old child?

5. What is the approach (steps) to take to develop skills with children?

6. What are some teaching aids you can use when teaching first time skiers children?
